Royal Melbourne Hospital Spinal Referral Form
Fax: 9342 4234

Patient Details:
Name: Date of Birth: RMH UR (if known):
Address:
Phone: If interpreter required (specify language):

Referrer Details:
Name: Phone:
Practice Address:

Referral Details:
Reason for referral (include affected areas and symptom duration):

Preferred Service:
- Back pain Assessment Clinic (BAC)
- Neurosurgery
- Orthopaedics
- Rheumatology
- Multidisciplinary Pain Service

Please tick all relevant boxes

<table>
<thead>
<tr>
<th>Q.1. Any referred/ neurological symptoms?</th>
<th>Upper Limb</th>
<th>Lower Limb</th>
<th>Additional Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Yes</td>
<td>☐ Referred pain</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>☐ No</td>
<td>Next Question</td>
<td>☐ Limb Weakness</td>
<td>☐</td>
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<tr>
<td>☐</td>
<td>☐ Abnormal sensation</td>
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<tr>
<td>☐</td>
<td>☐ Abnormal reflex</td>
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<td>☐</td>
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<tr>
<td>☐</td>
<td>☐ Abnormal tone</td>
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</tbody>
</table>

Q.2. Urgent (red flags) symptoms:
- History of cancer. Details (site/date diagnosed)
- Severe unremitting pain with nocturnal pain causing sleep disturbance

Suspected cauda equina syndrome, spinal infection, spinal malignancy or worsening neurological deficits should be immediately referred to the Emergency Department.

Q.3. Current / Previous Management
- Physiotherapy/chiropractic/osteopathy
- Exercise rehabilitation
- Spinal injection. Details
- Spinal surgery. Details
- Analgesia
  - NSAIDs
  - TCA e.g. amitriptyline
  - Pregabalin/Gabapentin
- Weak Opioids
- Strong Opioids
- Other

Q.4. Current / Previous Investigations
- X-ray (minimum requirement)
- CT scan
- MRI scan
- Bone scan
- Relevant blood tests (e.g. CRP, ESR, HLA-B27)

Please attach formal reports
(Referrals without a imaging report attached will not be triaged)

Q.5. General Health/ Social History
Please complete or attach current medical history and medication list
For advice on the assessment and management of back pain and sciatica, please refer to the Low Back Pain in Adults Pathway at https://melbourne.healthpathways.org.au

The pathway covers:
• Assessment - includes recognising red flags and yellow flags
• Management - patient education, self-management strategies, guidance on non-pharmacological and pharmacological options for pain relief, when and where to refer patients for specialist care
• Links to useful clinical resources and patient information
• defines inclusion/exclusion criteria for relevant services

Please go to https://www.thermh.org.au/health-professionals/clinical-services/back-pain-assessment-clinic-bac-service if you wish to obtain electronic versions of this form for your practice software. Versions are available for:
• ZedMed
• Best Practice
• Medical Director