

K'i sindun ila jogonje benkanwo to jala kililo silo fe

Telehealth with the Royal Melbourne Hospital

N'o keta, alu la mafelelo ye sin ka ke
jala kililo sinfe negejulu silo fe

Jala kililolu ka tɔri i s'a fo talifoni na kililo,
ka jogonje nafa kafu o ma kumo sinfe.

O si sin ka tu alu ka wakato ni kaliso
soto, ani ka kendeɣaku baaradalu sutuya
alu la lumalalu la.



N Kanta ka taka dula joman jalahu ka n sindun n na jogonje benkanwo to?

Jalahu k'alu sindun alu la jogonje benkanwo to,
alu taka :
<https://www.thermh.org.au/telehealth>

Walante alu nin kodi QR in la baara jalahu ka sin ka
dogtorisu tokonli dula lasoto :



San'alu ka taka alu la jogonje benkanwo ke dula , alu dun
dogtorisu tokonli dula kono negejulusilo fe. Kendeɣaku
baaradula ye labonniya n'alu sita je, oto, alu la dogtoro si
alu bisimila n'a t'a masoto. Konti dayele kun nte. Alu be
kunnafulen fen o fen ladun kan si nte lamara kan.

✓ N maku ye fen joman na jalahu ka jala kililo ke?

- ✓ **Konekisiyon puma Interineti sanna.**
N'alu ye sin ka ja do mafele negejulusilo fe
(misaliyala YouTube), alu ye sin ka jala kililo ke
- ✓ **Dula kerengerenni, ni yeleba be a kono la awa
n'alu men toɣya soto mahelolu sinfe**
- ✓ **Kunnafulendinegejulusila baarakelan sugu
kuta men jatenin i s'a fo a foto naman dugoma:**
 - Google Chrome, Microsoft Edge,
Mozilla Firefox or Apple Safari.
- ✓ **Jatalan web, kannabunyalan ani mikoro**
(O dunni be ɔridinateri madonita kono wala
talifoni madonitalu)

🔒 Yala a la kantani ba?

Jala kililolu lakantani; alu la halala palamaya la
lakantali . Alu halala jasu y'alu bulu, nin dogtoro
yamaruyaninnu dɔɔnnu ye sin ka dun.

\$ Jala kililo siya kilin be joli ti?

Jala kililo be fu le ti (fo n'a bota alu fannun la Interineti
labaara). Oto, wakati bee musakolu – n'o keta –
dogtoro mafelelo ye ke tumo bee.

📶 N je na interineti hake joli labaara?

Jala mafelelo musago ye dogoya fo siya fula ka tanbi
alu ye na musago menna baara ni ja pumanba do
mafelelo ti YouTube kan*.

Lahalayalu labaarali ka dogo Interineti konekisiyonnu
kan mennu fanga ka dogo, wala n'alu be ɔridinateri do
labaara kan, tabileti do wala simaritifoni fanga dogoman
do. Nin fennu ye sin fana ka kililo ja mume dogoya.

Lahalayalu labaarali ye makafu ni kililo moko tanbita
fula la.

* A be Mo 230 masutunyala talifoni madonita kan, ani Mo 450 PC
ni miniti 20 kililo ti, n'o ni FaceTime® ta bee be kilin ti.



**Simaritifoni ni tabileti
labaaralikelalu**
N'alu si sin, al'alu konekite lumala
wala baaradula Wi-Fi reso do la
jalahu k'alu la talifoni forife janilo bali.

Al'alu tōben ka jala kililo dōlu kē



Alu la a la ko alu bē baara kē kan ni kunnafulendi negejulasila kuta innu ye:

-  Google Chrome
(Windows, Android, MacOS, iOS)
-  Microsoft Edge
(Windows, Android, MacOS, iOS)
-  Mozilla Firefox
(Windows, Android, iOS)
-  Apple Safari
(MacOS, iOS)

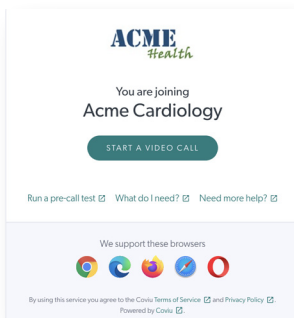


Taka

<https://www.thermh.org.au/telehealth>

1

Al'alu bulowo digi jala kililo butonwo kan n'ō dita alu ma, wala kendeyaku baaradula siti web.

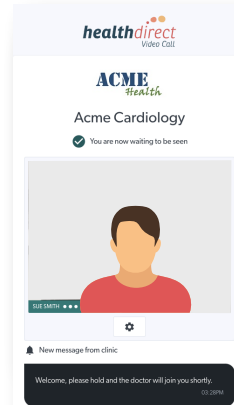


2

Alu tōgo dun ani pereperelategelilu n'alu kilita

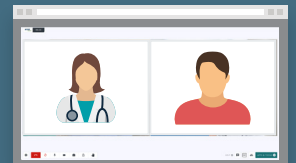
3

Alu dun dōgotōrisulu la tōkonlō dula silo fē



4

Dōgotōro nata awa mafelelo damutata



N kanta ka mun kē ni ku dō man kē kupuma?

- Taka

<https://help.vcc.healthdirect.org.au/troubleshooting-guide>

N'alu maku bē kunnafulen ketennu na ka kafu innu ma

An interpreter will be available during your appointment.

If you would like to cancel or reschedule your appointment

call 03 93427393.

Attending your appointment via a Video Call

Telehealth with the Royal Melbourne Hospital

Where appropriate, you can have your consultation online via a video call

Video calling is as convenient as a phone call, with the added value of face-to-face communication.

It can save you time and money, and brings your care closer to home.



Where do I go to attend my appointment?

To attend your appointment, go to:

<https://www.thermh.org.au/telehealth>

Or use this QR code to access the clinic waiting area:



Instead of travelling to your appointment, you enter the clinic's waiting area online. The health service is notified when you arrive, and your clinician will join you when ready. There is no need to create an account. No information you enter is stored.

What do I need to make a video call?

- ✓ **A good connection to the internet**
If you can watch a video online (e.g. YouTube) you can make a video call
- ✓ **A private, well-lit area where you will not be disturbed** during the consultation
- ✓ **A recent version of a supported web browser** as shown overleaf:
 - Google Chrome, Microsoft Edge, Mozilla Firefox or Apple Safari.
- ✓ **Web-camera, speakers and microphone** (already built into laptops or mobile devices)

Is it secure?

Video calls are secure; your privacy is protected. You have your own private video room, that only authorised clinicians can enter.

How much does a video call cost?

The video call is free (except for your internet usage). However, the regular costs – if any – of a medical consultation still apply.

How much internet data will I use?

A video consultation uses less than half of the data you would use while watching a YouTube video in High Definition*.

Data use is less on lower-speed internet connections, or if you're using a less powerful computer, tablet, or smartphone. These factors can also reduce the overall quality of the call.

Data use increases when there are more than two participants in the call.

* That's about 230 MB on a mobile device, and 450 MB on a PC for a 20 minute call, which is similar to FaceTime®.



Smartphone & tablet users

If you can, connect to a home or work Wi-Fi network to avoid using your mobile data allowance.

Get ready to make video calls



Make sure you use a recent version of one of the following browsers:

-  Google Chrome
(Windows, Android, MacOS, iOS)
-  Microsoft Edge
(Windows, Android, MacOS, iOS)
-  Mozilla Firefox
(Windows, Android, iOS)
-  Apple Safari
(MacOS, iOS)

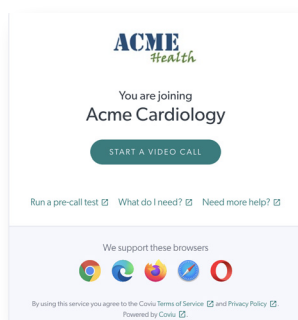


Go to

<https://www.thermh.org.au/telehealth>

1

Click the Start A Video Call button in the link provided, or on the health service's website.

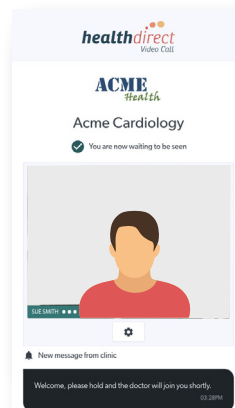


2

Enter name and details when prompted

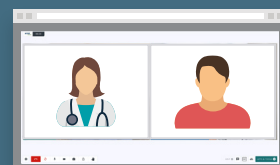
3

Enter the clinic's online Waiting Area



4

Clinician arrives and the consultation proceeds



What do I do if something is not working?

- Go to <https://vcc.healthdirect.org.au/troubleshooting>

More information

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