

# VSRF plus Urology

## LUTS investigation / clinical examination checklist

DRE:	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
Urinalysis:	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
U & E / Cr:	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
PSA: <70 years / as appropriate	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
US urinary tract inc post void residual volume	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)

## HAEMATURIA investigation / clinical examination checklist

MSU inc RBC morphology	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
U & E / Cr / eGFR	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
Urine cytology (if patient smoker or >50yrs)	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
Coagulation profile (if patient on anticoagg. Rx.)	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
If Microscopic hematuria: US urinary tract, KUB If Macroscopic hematuria: CT IVP	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)

## RENAL COLIC investigation / clinical examination checklist

FBE	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
URE / Cr	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
Ca <sup>++</sup>	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
Urate	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
MSU	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
KUB <b>AND</b> CT non-contrast both tests needed to diagnose and treat: confirm stone size, stone position, and likelihood of passing: <4mm – 90% pass, 4–6mm – 50% pass, >6mm – 10% pass	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)

\*\* Imaging – in order to dx and treat both KUB & CT reqd.

## ABNORMAL PSA investigation / clinical examination checklist

DRE:	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
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Note:

1. Before referral confirm by rpt PSA test after 4–6 wks: instruct patient to avoid bike riding, intercourse and ejaculation for 48hrs before second test
2. If initial PSA 2–10ug/L repeat PSA test should include free total ratio.

## Recurrent Urinary Tract Infection investigation / clinical examination checklist

Refer if Previous abnormal MSU (x 1 in males , x3 in females)	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
USS urinary tract	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
Fasting blood glucose	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)

## Female Incontinence investigation / clinical examination checklist

MSU	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
USS urinary tract	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
U&E	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)

## Male Genitalia investigation / clinical examination checklist

Testicular/scrotal USS	<input type="checkbox"/> Completed	<input type="checkbox"/> Ordered (Ensure patient brings results)
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