



**The Royal  
Melbourne  
Hospital**

# Advancing health for everyone, every day.

**Could this be you?**

**Join the Royal  
Melbourne  
Hospital team**



**Position Description**

**Grade 2 Physiotherapist – Pain Clinic**

Our reputation for caring for all Melburnians is as essential to who we are as any scientific breakthrough we make. We're here when it matters most, and we'll continue to be the first to speak out for our diverse community's wellbeing.

**Advancing health for everyone, every day.**

True excellence is only possible when we work as one Royal Melbourne Hospital community. Through collaboration, we set the highest of standards and achieve our goals.

1. Be a great place to work and a great place to receive care
2. Grow our Home First approach
3. Realise the potential of the Melbourne Biomedical Precinct
4. Become a digital health service
5. Strive for sustainability

## Position Description

<b>Position Title:</b>	Grade 2 Physiotherapist – Pain Clinic
<b>Service:</b>	Pain Management Services
<b>Location:</b>	Royal Melbourne Hospital, Royal Park Campus
<b>Reports To:</b>	Grade 3 Physiotherapist
<b>Enterprise Agreement:</b>	Allied Health Professionals (Victorian Public Sector) (Single Interest Employers) Enterprise Agreement 2020–2021
<b>Classification:</b>	VB1 - VB4
<b>Employment Status:</b>	Permanent Part Time
<b>Immunisation Risk Category:</b>	Category A
<b>Date of Review:</b>	December 2025

## POSITION SUMMARY

RMH Pain management services provides services for patients suffering acute, sub-acute and chronic pain. The team provides sub-acute ambulatory care (SACs) clinics in Aged Pain, Sub-acute Pain, Interventional Pain & Rehabilitation Pain. The multi-disciplinary team comprises medical doctors (pain management specialists, geriatrician, rehabilitation, neurosurgeon, psychiatry), supplemented by allied health input (physiotherapist, occupational therapist, clinical psychologists, social worker), and a clinical nurse consultant. We are heavily involved in student and post-graduate teaching and have an active clinical research program. We also offer patients the opportunity to participate in a range of pain management therapies, in order to improve their management of pain and reduce the functional impact on their lives. Our objective is to provide evidence-based bio-psycho-social best practice to a wide and varied cross-section of Melbourne's population experiencing persistent pain.

The Physiotherapist will work in a multidisciplinary and interdisciplinary context. The Physiotherapist will provide comprehensive individual patient assessment, treatment, and discharge planning. Given the nature of pain management emphasis will be placed on the development of appropriate individual and group therapies focusing on general fitness, posture, mobility, muscle health and pacing. The Physiotherapist will be committed to providing evidence-based intervention to improve physical function, independence and quality of life with a patient centred focus.

- Deliver independent, high level physiotherapy clinical services for patients experiencing persistent pain, utilising evidence based practice to guide clinical decision.
- Assessment and provision of individualised physiotherapy care plans.
- Provide high quality education and information to patients about the management of their condition, involving clients and carers in decision making therapy plans.
- Demonstrate effective communication strategies within a multi-disciplinary team.
- Utilise high level communication and negotiation skills with patients and their families, other health professionals, referrers, and students to facilitate cooperation, positive relationships and effective service delivery.
- Participate in developing and implementing quality and service improvement activities that enhance the delivery of physiotherapy and pain services
- Practice person centred care and contribute to decision making with patients and carers.
- Demonstrate commitment to ongoing education and learning through internal and external continuing education.
- Contribute to organisation-wide and service/division initiatives and planning activities.
- Take reasonable care for your safety and wellbeing and that of others.
- Work in your scope of practice and seek help where required.
- Work in partnership with consumers, patients and where applicable carers and families.
- Work collaboratively with colleagues across all RMH teams.
- Continue to learn through mandatory training and other learning activities.
- Seek feedback on your work including participation in annual performance discussion.
- Speak up for safety, our values and wellbeing.
- Prioritise wellbeing and ensure safe work practices are developed and adhered to in their area.
- Respect that the RMH is a smoke-free environment.

## Internal

- Pain Management Team- Multidisciplinary
- Community Therapy Service
- Physiotherapy and Workforce Development M
- RMH Nursing, Medical and Allied Health staff

## External

- Other Pain Management Service providers
- Community Health/ General Practitioners
- Department of Human Services

## Formal Qualifications

- Recognised degree or equivalent in Physiotherapy
- Professional registration as a Physiotherapist with the Australian Health Practitioner Regulation Agency(AHPRA)

- Commitment to live the Melbourne Way - putting people first, leading with kindness and achieving excellence together.
- Competent level of patient assessment, treatment and management in sub-acute/ outpatient health.
- Experience in providing clinical/ patient education, both individually, and as a group.
- Professional, culturally aware and ethical practitioner.
- Excellent time management skills and a high degree of flexibility.
- Effective verbal, non-verbal and written communication including conflict resolution skills.
- Reflective practitioner and self-directed learner.
- Risk Management and safe working principles in the hospital environment.
- Professional standards of behaviour and presentation.
- Minimum two years clinical experience.
- Demonstrated ability to work as part of a team and modelling of interdisciplinary practice.
- Ability to impart knowledge to staff at all levels as well as members of the wider community.
- Previous participation in programme development.
- Computer literacy.

- Membership of Australian Physiotherapy Association

Your performance will be measured through your successful:

- Demonstration of RMH values
- Achievement of portfolio specific KPI targets
- Participation in and satisfactory feedback through the annual performance review process
- Ability to maintain a safe working environment and ensure compliance with legislative requirements



- Aim to provide a working environment that is safe and without risk to the health, safety and wellbeing of all employees, patients and consumers, and visitors.
- Speak up for patient, consumer, colleague and visitor safety, escalating issues if required.
- Deliver Safe, Timely, Equitable, Person-centred Care (STEP) in line with our clinical governance framework.
- Work in accordance with relevant policies, procedures, standards and legislation including those related to clinical or competency requirements, risk management, discrimination, equal opportunity and health safety and wellbeing.

- As a leader in healthcare, we recognise the need to foster a culture of equity, inclusion, and belonging — safe spaces where every individual is empowered to be their authentic self, contributing meaningfully to the collective well-being of our community.

- We acknowledge and pay our respects to the Traditional Owners of the lands on which we work and stand in solidarity with Aboriginal and Torres Strait Islander peoples. We are committed to creating a culturally safe environment that honours First Nations voices, knowledge, and self-determination through inclusive governance, respectful policies, and a steadfast commitment to anti-racism. The Royal Melbourne aspires to lead by example in addressing the injustices of colonisation and its ongoing impacts.

- RMH is a child safe organisation. We are dedicated to fostering an environment that respects and upholds the rights of children and young people, in line with the Child Safe Standards. We actively embed these standards in our culture, policies, and practices, ensuring that the safety and wellbeing of children and young people is a central priority.

- We are proud to be an equal opportunity employer that champions diversity in all its forms. We value the strengths and perspectives that come from people of all backgrounds, identities, abilities, and lived experiences. We encourage applicants from all communities, and we will provide reasonable adjustments to support equitable participation.

- Together, we are committed to fostering an environment where everyone feels respected, safe, and empowered to thrive.

I acknowledge and accept that this position description represents the duties, responsibilities and accountabilities that are expected of me in my employment in the position. I understand that The RMH reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

Date \_\_\_\_\_