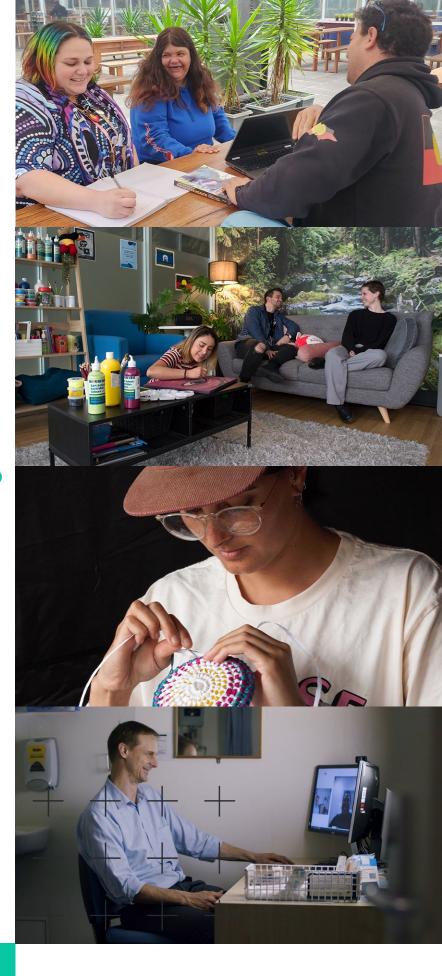
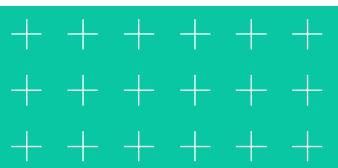


# Advancing health for everyone, every day.

Could this be you?

Join the Royal Melbourne Hospital team





Position Description
ECT Recovery Nurse





#### THE ROYAL MELBOURNE HOSPITAL

The Royal Melbourne Hospital (RMH) began in 1848 as Victoria's first public hospital. And while we only had 10 beds to our name, we had the community of Melbourne behind us, and we were ready to provide the best possible care for those in need.

Since those early years, we've moved forward with purpose. Always at the forefront, leading the way on improving the quality of life for all.

Today the RMH is one of the largest health providers in the state, providing a comprehensive range of specialist medical, surgical, and mental health services; as well as rehabilitation, aged care, outpatient and community programs.

Our reputation for caring for all Melburnians is as essential to who we are as any scientific breakthrough we make. We're here when it matters most, and we'll continue to be the first to speak out for our diverse community's wellbeing.

#### **OUR VISION**

# Advancing health for everyone, every day.

#### THE MELBOURNE WAY

At the RMH we're inspired by our vision of Advancing health for everyone, every day. While we're each going about our different roles, we're united by a shared understanding of the way we do things around here. We call it the Melbourne Way. We put people first — leading with kindness and working together, we excel as one Royal Melbourne Hospital.

## People First



Lead with Kindness



Together

True excellence

**Excellence** 



People are at the heart of everything we do. We take the time to understand how we can make the most positive difference for them.

Our care and compassion sets us apart. We lead the way with a respectful, inclusive spirit — embracing the things that make us all unique.

True excellence is only possible when we work as one Royal Melbourne Hospital community. Through collaboration, we set the highest of standards and achieve our goals.

#### **OUR PRIORITIES**

The RMH Strategic Plan: Towards 2025. Advancing health for everyone, every day is our plan for the future — one which we are committed to achieving together. This position contributes to the achievement of the five Strategic Goals, articulated in the plan:

- 1. Be a great place to work and a great place to receive care
- 2. Grow our Home First approach
- 3. Realise the potential of the Melbourne Biomedical Precinct
- 4. Become a digital health service
- 5. Strive for sustainability





# **Position Description**

Position Title: ECT Recovery Nurse

Service: Mental Health Services

**Location:** The Royal Melbourne Hospital

**Reports To:** Program Manager Specialist Services

**Enterprise Agreement:** 5. Victorian Public Mental Health Services Enterprise

Agreement 2020-2024

Classification: NP 21 – NP70

**Employment Status:** Part time ongoing

Immunisation Risk Category: Category A

Date of Review: October 2025

#### **POSITION SUMMARY**

As a Registered Nurse you are pivotal to the multi-disciplinary health care team who strive to deliver excellent care to patients and their families receiving Electroconvulsive Therapy (ECT).

The Electroconvulsive Therapy (ECT) Registered Nurse contributes to excellence in patient care and provides the highest standard of clinical input to the ECT treating team, working closely with the ECT Coordinator to achieve positive outcomes for individuals who are receiving ECT.

The ECT Registered Nurse will be responsible for assisting the ECT Coordinator in the day to day operation of ECT at RMH ECT Suite. This will include duties within the ECT procedure room, recovery room and waiting area. The ECT Registered Nurse will be responsible for the delivery of care to patients post-procedure in the recovery area. This includes monitoring the patient's airway, breathing, circulation and level of consciousness.

The ECT Registered Nurse will be responsible for providing care to out-patients pre and post ECT. This includes preparation, recovery and discharge of outpatients.

Key part of the role is supporting data entry and audits. The role ideally will be trained in ECT coordination and can support backfill of the ECT Coordinator.

This role is an ongoing part time role including some public holidays / weekends where indicated / for urgent ECT. Where no ECT treatments are scheduled the role can be redeployed to support the Neuropsychiatry and Eating Disorders Unit on John Cade Level 2.





#### **KEY ACCOUNTABILITIES**

- Take reasonable care for your safety and wellbeing and that of others.
- · Work in your scope of practice and seek help where required.
- · Work in partnership with consumers, patients and where applicable carers and families.
- Work collaboratively with colleagues across all RMH teams.
- Continue to learn through mandatory training and other
   Knowledge of the indications for ECT learning activities.
- · Seek feedback on your work including participation in annual performance discussion.
- Speak up for safety, our values and wellbeing.
- Prioritise wellbeing and ensure safe work practices are developed and adhered to in their area.
- Respect that the RMH is a smoke-free environment.
- Ensure direct reports receive regular feedback and participate in annual discussions.

- Act as a delegate for the ECT Coordinator
- · Demonstrates a knowledge of guidelines and standards relating to ECT
- · Demonstrates a knowledge of consent to treatment requirements, including common law and Mental Health Act documentation and requirements
- Demonstrated knowledge of the MHWA
- Prior experience in a recovery setting

#### **KEY RELATIONSHIPS**

#### Internal

- Program Manager Specialist Services
- Director of ECT
- Area Senior Nurse
- RMH Mental Health Services
- Department of Anaesthetics

#### External

- · Other services including Orygen Youth Health, Peter Mac, Community Area Mental Health Service
- Other ECT services
- Office of the Chief Psychiatrist

#### **KEY SELECTION CRITERIA**

#### Formal Qualifications

- Registered Nurses:
  - Registration as a Registered Nurse under the Australian Health Practitioner Regulation National Law Act (2009) with the Nursing and Midwifery Board of Australia.
  - Postgraduate qualification in Psychiatric/Mental Health Nursing or
  - Have completed a specialist undergraduate Mental Health Nursing program or a specialist post basic course of training which led to registration as a Division 3 Nurse.

#### Essential:

 Commitment to live the Melbourne Way - putting people first, leading with kindness and achieving excellence together.





- Work experience of at least 5 years post graduate.
- Demonstrated experience in an ECT setting
- Demonstrated experience in a general recovery setting
- Excellent organisation, verbal communication and interpersonal skills.
- Proven clinical ability and relevant experience in psychiatry or relevant general nursing experience.
- Working knowledge and understanding of the Mental Health and Wellbeing Act and other relevant legislation and policies.
- Demonstrated capacity and initiative to work with limited direction.
- Ability to problem solve, negotiate and communicate with staff and other service providers.
- A knowledge of NSQHS Standards and relevance to nursing practice in Mental Health
- Knowledge of the ACMHN Nursing Standards
- Demonstrated commitment to ongoing professional development
- Ability to engage, liaise and consult with relevant family members and carers as well as a broad range of health professionals and community agencies

#### Desirable:

- Experience in an ECT Coordinator role
- Experience in quality activities such as audits, service development, data gathering.
- · Advanced life support trained

#### **KEY PERFORMANCE INDICATORS**

Your performance will be measured through your successful:

- Demonstration of RMH values
- Achievement of portfolio specific KPI targets
- Participation in and satisfactory feedback through the annual performance review process
- Ability to maintain a safe working environment and ensure compliance with legislative requirements
- Support the mandatory training of basic life support with MHS nurses





#### AT THE RMH WE:

- Aim to provide a working environment that is safe and without risk to the health, safety and wellbeing of all employees, patients and consumers, and visitors.
- Speak up for patient, consumer, colleague and visitor safety, escalating issues if required.
- Deliver Safe, Timely, Effective, Person-centred Care (STEP) in line with our clinical governance framework.
- Work in accordance with relevant policies, procedures, standards and legislation including those related to clinical or competency requirements, risk management, discrimination, equal opportunity and health safety and wellbeing.

#### **OUR COMMITMENT:**

#### Equity, Inclusion, Belonging and Safety

As a leader in healthcare, we recognise the need to foster a culture of equity, inclusion, and belonging
 — safe spaces where every individual is empowered to be their authentic self, contributing
 meaningfully to the collective well-being of our community.

#### • First Nations Commitment

 We acknowledge and pay respect to the Traditional Owners of the lands on which we work, and we stand in solidarity with Aboriginal and Torres Strait Islander peoples. We are dedicated to creating a culturally safe environment that honours First Nations voices, knowledge, and self-determination.

#### Child Safe Standards

o RMH is a child safe organisation. We are dedicated to fostering an environment that respects and upholds the rights of children and young people, in line with the Child Safe Standards. We actively embed these standards in our culture, policies, and practices, ensuring that the safety and wellbeing of children and young people is a central priority.

#### Equal Opportunity and Accessibility

We are proud to be an equal opportunity employer that champions diversity in all its forms. We value the strengths and perspectives that come from people of all backgrounds, identities, abilities, and lived experiences. We encourage applicants from all communities, and we will provide reasonable adjustments to support equitable participation.

#### Thriving Together

 Together, we are committed to fostering an environment where everyone feels respected, safe, and empowered to thrive.

#### **ACCEPTANCE**

I acknowledge and accept that this position description represents the duties, responsibilities and accountabilities that are expected of me in my employment in the position. I understand that The RMH reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

Employee Signature		
Employee Name (please print)		
Date		











### Community Core and Specific Evidence-Based Practice

Psychological Interventions	Family, Carers and Supporters Work	Health & Wellbeing	Activity, Participation & Employment	Lived Experiences	Overcoming Hurdles
Early Warning Signs & RWP discussion	Initial Conversation with Family/Carer	Physical health screening	Initial Conversation about activity, participation and	Initial Conversation about consumer peer support	LSI-R:SV
			vocation		SUBA
CBT Fundamentals	Family/Carer Fundamentals	Physical health conversations	APQ6	Initial Conversation about family, carer and supporters peer support	AOD Harm Minimisation
			Driving Screen		AOD Relapse Prevention
	Family Violence Screen	Physical health assessment	Sensory Approaches	<b>\</b>	Specialist Supportive Clinical Management for Eating Disorders
	<b>\</b>	Metabolic monitoring	Activity Engagement	PeerZone	V
Acceptance &	Single Session Family Consultation	Medication safety, education & advocacy		Consumer led inpatient groups	Forensic Risk Management Planning
Commitment Therapy (ACT)	Multiple Family Group	<b>Y</b>	Therapeutic Activity Groups	Consumer Peer Support-	Forensic Risk Reduction Treatment
Therapies for Borderline Personality Disorder		Equally Well Physical		led Community Groups	AOD Motivational interviewing
	Family Therapy	Health Program	Vocation and Employment Support	Individual Consumer Peer Support	
CBT for co-morbid Anxiety & Depression FaPMI Progra		Medication	Sensory Assessment & Interventions	Support	Refer to Detox  Autism Consultation and
	FaPMI Programs	Alliance		Family Peer Support-led Groups	
Be Well Live Well - Early Warning Signs Relapse Prevention Program	Family Violence Assessment (MARAM)	QUIT Program	Driving Assessment	Individual Family, Carer & Supporters Peer Support	Evaluation Services (ACES)