

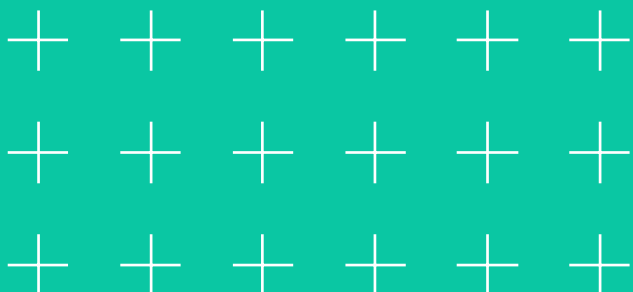


**The Royal
Melbourne
Hospital**

Advancing health for everyone, every day.

Could this be you?

**Join the Royal
Melbourne
Hospital team**



Position Description

**Clinical Dietitian Community Mental
Health Grade 3**



THE ROYAL MELBOURNE HOSPITAL

The Royal Melbourne Hospital (RMH) began in 1848 as Victoria's first public hospital. And while we only had 10 beds to our name, we had the community of Melbourne behind us, and we were ready to provide the best possible care for those in need.

Since those early years, we've moved forward with purpose. Always at the forefront, leading the way on improving the quality of life for all.

Today the RMH is one of the largest health providers in the state, providing a comprehensive range of specialist medical, surgical, and mental health services; as well as rehabilitation, aged care, outpatient and community programs.

Our reputation for caring for all Melburnians is as essential to who we are as any scientific breakthrough we make. We're here when it matters most, and we'll continue to be the first to speak out for our diverse community's wellbeing.

OUR VISION

Advancing health for everyone, every day.

THE MELBOURNE WAY

At the RMH we're inspired by our vision of Advancing health for everyone, every day. While we're each going about our different roles, we're united by a shared understanding of the way we do things around here. We call it the Melbourne Way. We put people first — leading with kindness and working together, we excel as one Royal Melbourne Hospital.

People First



People are at the heart of everything we do. We take the time to understand how we can make the most positive difference for them.

Lead with Kindness



Our care and compassion sets us apart. We lead the way with a respectful, inclusive spirit — embracing the things that make us all unique.

Excellence Together



True excellence is only possible when we work as one Royal Melbourne Hospital community. Through collaboration, we set the highest of standards and achieve our goals.

OUR PRIORITIES

The RMH Strategic Plan: Towards 2025. Advancing health for everyone, every day is our plan for the future — one which we are committed to achieving together. This position contributes to the achievement of the five Strategic Goals, articulated in the plan:

1. Be a great place to work and a great place to receive care
2. Grow our Home First approach
3. Realise the potential of the Melbourne Biomedical Precinct
4. Become a digital health service
5. Strive for sustainability



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- Clinical interventions can be individually and in group programs.
 - Providing secondary consultation within RMH MHS for consumers with complex needs.
 - Developing and conducting training for community staff across the multidisciplinary team to expand capacity of the service to meet nutritional needs of consumers with a mental illness.
 - Building strategic relationships with a range of stakeholders, such as GP's, NDIS providers.
 - Supporting non-senior dietitians
 - Leading innovation quality improvement, service evaluation and research.
 - Demonstrating advanced skills in engagement of people experiencing severe mental health issues, and develop interventions that meet the specific needs of this consumer group.

This role will collaborate with consumers experiencing homelessness / housing insecurity and the RMH MHS teams that support them. The senior dietitian will explore how RMH MHS can support these consumers to improve physical outcomes and mental health management through nutrition interventions.

The senior dietitian will also support consumers within the Inner Melbourne Team, operating within an open dialogue framework.

The position will maintain professional standards in accordance with Melbourne Health Policies and Procedures and values and also the Dietitians' Association of Australia. In addition to the responsibilities outlined in this position description, other specific duties associated with this position include:

- Attending relevant clinical meetings within the community teams.
 - Attending regular meetings and professional development opportunities.
 - Involvement in family and carer interventions.
 - Provision of consultation and support to community teams.
 - Working across different sites and some out of hours work may be required
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KEY ACCOUNTABILITIES

- Take reasonable care for your safety and wellbeing and that of others.
- Work in your scope of practice and seek help where required.
- Work in partnership with consumers, patients and where applicable carers and families.
- Work collaboratively with colleagues across all RMH teams.
- Continue to learn through mandatory training and other learning activities.
- Seek feedback on your work including participation in annual performance discussion.
- Speak up for safety, our values and wellbeing.
- Prioritise wellbeing and ensure safe work practices are developed and adhered to in their area.
- Respect that the RMH is a smoke-free environment.
- Work as part of the Equally Well Physical Health Team at RMH MHS Community Service run by the Physical Health Co-ordinator (Nurse Practitioner).
- Provide leadership for the development and monitoring of nutritional services across RMH MHS community services
- Supervision of AHAs, G1 and G2 Dietitians and leading annual discussion process for self and relevant staff
- Proven ability to plan and manage a caseload and co-ordinate/delegate workloads within their team
- Provide individualised nutrition care plans for consumers with severe mental health issues such as schizophrenia and bipolar affective disorder, in line with evidence-based practice.
- Provision of nutrition education for consumers in the community, including homeless support and Inner Melbourne programs
- Collaborate with range of providers to ensure continuity of dietetic care to consumers, families and carers, during episode of care and if transferred to another service provider Knowledge of Open Dialogue frame work and capacity to practice in this framework
- Ensure direct reports receive regular feedback and participate in annual discussions.
- Contribute to organisation-wide and service/division initiatives and planning activities.
- Ensure training needs of direct reports are identified and undertaken.
- Ensure risk management activities are completed, effective controls are in place and incidents are recorded, investigated and corrective actions implemented as far as is reasonably practical.
- Create a psychologically safe work environment where everyone feels safe to speak up. Monitor and achieve relevant KPIs and targets and operate within their allocated budget.
- Undertake other responsibilities as directed by the RMH MHS Community Program Manager

KEY RELATIONSHIPS

Internal

- Program Manager of community team
- Area Senior Nurse Consultant
- Community Allied Health Director
- Equally Well Team
- Community Mental Health Teams
- RMH Nutrition Dept

External

- The Victorian Centre of Excellence In Eating Disorders
- Dietitians' Association of Australia
- GP's
- NDIS providers

KEY SELECTION CRITERIA



KEY PERFORMANCE INDICATORS

Your performance will be measured through your successful:

- Demonstration of RMH values
 - Achievement of portfolio specific KPI targets, including Activity Based Funding requirements
 - Participation in and satisfactory feedback through the annual performance review process
 - Ability to maintain a safe working environment and ensure compliance with legislative requirements
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AT THE RMH WE:

- Aim to provide a working environment that is safe and without risk to the health, safety and wellbeing of all employees, patients and consumers, and visitors.
 - Speak up for patient, consumer, colleague and visitor safety, escalating issues if required.
 - Deliver Safe, Timely, Effective, Person-centred Care (STEP) in line with our clinical governance framework.
 - Are an equal opportunity employer, committed to providing a work environment free of harassment and discrimination. We promote diversity and inclusion in the workplace.
 - Work in accordance with relevant policies, procedures, standards and legislation including those related to clinical or competency requirements, risk management, discrimination, equal opportunity and health safety and wellbeing.
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ACCEPTANCE

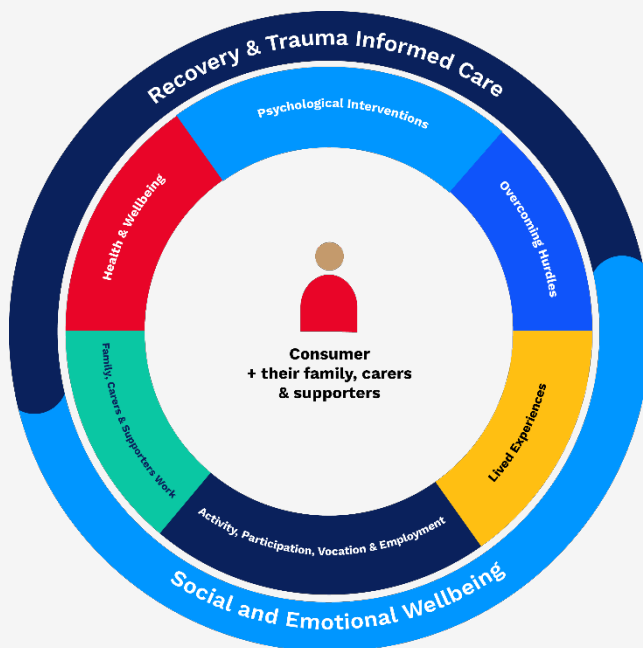
I acknowledge and accept that this position description represents the duties, responsibilities and accountabilities that are expected of me in my employment in the position. I understand that the RMH reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

Employee Signature

Employee Name (please print)

/ /

Date



Community Core and Specific Evidence-Based Practice

Psychological Interventions	Family, Carers and Supporters Work	Health & Wellbeing	Activity, Participation & Employment	Lived Experiences	Overcoming Hurdles
Early Warning Signs & RWP discussion	Initial Conversation with Family/Carer	Physical health screening	Initial Conversation about activity, participation and vocation	Initial Conversation about consumer peer support	LSI-R:SV
CBT Fundamentals	Family/Carer Fundamentals	Physical health conversations	APQ6	Initial Conversation about family, carer and supporters peer support	SUBA
	Family Violence Screen	Physical health assessment	Driving Screen		AOD Harm Minimisation
		Metabolic monitoring	Sensory Approaches		AOD Relapse Prevention
CBT for Psychosis				PeerZone	Specialist Supportive Clinical Management for Eating Disorders
Acceptance & Commitment Therapy (ACT)	Single Session Family Consultation	Medication safety, education & advocacy	Activity Engagement	Consumer led inpatient groups	Forensic Risk Management Planning
Therapies for Borderline Personality Disorder	Multiple Family Group		Therapeutic Activity Groups	Consumer Peer Support-led Community Groups	Forensic Risk Reduction Treatment
CBT for co-morbid Anxiety & Depression	Family Therapy	Equally Well Physical Health Program	Vocation and Employment Support	Individual Consumer Peer Support	AOD Motivational interviewing
Be Well Live Well - Early Warning Signs Relapse Prevention Program	FaPMI Programs	Medication Alliance	Sensory Assessment & Interventions	Family Peer Support-led Groups	Refer to Detox
	Family Violence Assessment (MARAM)	QUIT Program	Driving Assessment	Individual Family, Carer & Supporters Peer Support	Autism Consultation and Evaluation Services (ACES)