

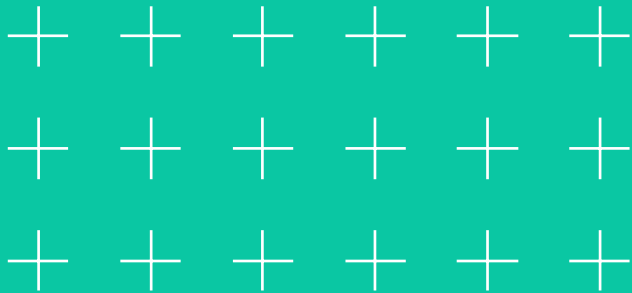


**The Royal
Melbourne
Hospital**

Advancing health for everyone, everyday.

Could this be you?

**Join The Royal
Melbourne
Hospital Team**



Position Description

Art Therapist



THE ROYAL MELBOURNE HOSPITAL

The Royal Melbourne Hospital (RMH) began in 1848 as Victoria's first public hospital. And while we only had 10 beds to our name, we had the community of Melbourne behind us, and we were ready to provide the best possible care for those in need.

Since those early years, we've moved forward with purpose. Always at the forefront, leading the way on improving the quality of life for all.

Today the RMH is one of the largest health providers in the state, providing a comprehensive range of specialist medical, surgical, and mental health services; as well as rehabilitation, aged care, outpatient and community programs.

Our reputation for caring for all Melburnians is as essential to who we are as any scientific breakthrough we make. We're here when it matters most, and we'll continue to be the first to speak out for our diverse community's wellbeing.

OUR VISION

Advancing health for everyone, every day.

THE MELBOURNE WAY

At The RMH we're inspired by our vision of Advancing health for everyone, every day. While we're each going about our different roles, we're united by a shared understanding of the way we do things around here. We call it The Melbourne Way. We put people first — leading with kindness and working together, we excel as one Royal Melbourne Hospital.

People First



People are at the heart of everything we do. We take the time to understand how we can make the most positive difference for them.

Lead with Kindness



Our care and compassion sets us apart. We lead the way with a respectful, inclusive spirit — embracing the things that make us all unique.

Excellence Together



True excellence is only possible when we work as one Royal Melbourne Hospital community. Through collaboration, we set the highest of standards and achieve our goals.

OUR PRIORITIES

The RMH Strategic Plan: Towards 2025. Advancing health for everyone, every day is our plan for the future — one which we are committed to achieving together. This position contributes to the achievement of the five Strategic Goals, articulated in the plan:

1. **Be a great place to work and a great place to receive care**
2. **Grow our Home First approach**
3. **Realise the potential of the Melbourne Biomedical Precinct**
4. **Become a digital health service**
5. **Strive for sustainability**



Our service strives to create the best possible learning opportunities available to complement and support both emerging and existing expertise. Staff are required to actively participate in their own practice development by engaging in available learning opportunities within the service, as well as being committed to sharing their knowledge with their colleagues.

The Eating Disorder Service based at the Royal Melbourne Hospital is one of three specialist tertiary care services. The Eating Disorders Program provides expert multidisciplinary care to consumers from Western Metropolitan Melbourne and the Western part of Victoria and includes:

- An 8 bed in-patient unit and multidisciplinary Outpatient Service
- Treatment is provided to patients 18 years and over from western Victoria and Western urban region within the metropolitan area who have severe eating disorders
- Learning and development opportunities: As part of the allied health workforce at IWAMHS, you will participate in regular individual supervision, have access to high quality in-house and external training, be able to contribute to the development and delivery of targeted interventions (individual and group-based) for consumers referred to the program.
- Clinical challenges: As an art therapist you will be working with consumers from multicultural backgrounds with challenging presentations including comorbidities, complex personality structures, and elevated risk and will be liaising with other service providers internally and externally to establish best-practice.
- Career development: Being part of The Royal Melbourne Hospital – Mental Health Services community you will be supported by your supervisor and your manager, you will regularly have the opportunity discuss your career aspirations and progress towards those including annual discussion pathways.
- Research: The IWAMHS has a strong track record of conducting psychiatric research. You will have the opportunities to be involved in research opportunities as they arise. Including clinically based and service orientated research, evaluation and audits.

KEY ACCOUNTABILITIES

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| <ul style="list-style-type: none"> • Deliver a flexible and responsive Art Therapy program for the Eating Disorders Inpatient Unit, and Outpatient Services comprising group work and individual sessions. • Provide Art Therapy In-reach support to consumers with an eating disorder diagnosis admitted to medical units. • Provide appropriate evidenced based Art Therapy interventions to assist in better outcomes for clients. • Construct art therapy sessions that complement the principles of ACT, DBT and Ro DBT frameworks. • Collaborate and co-facilitate within a multidisciplinary team. • Participate in clinical meetings and other professional forums within the Unit and the IWAMHS. • Support the supervised practice of Art therapy postgraduate student cohort. • Contribute to the Art Therapy team service planning, evaluation and delivery, as directed. • Participate in clinical supervision and reflective practice. | <ul style="list-style-type: none"> • Take reasonable care for your safety and wellbeing and that of others. • Work in your scope of practice and seek help where required. • Work in partnership with consumers, patients and where applicable carers and families. • Work collaboratively with colleagues across all RMH teams. • Continue to learn through mandatory training and other learning activities. • Seek feedback on your work including participation in annual performance discussion. • Speak up for safety, our values and wellbeing. • Prioritise wellbeing and ensure safe work practices are developed and adhered to in their area. • Respect that the RMH is a smoke-free environment. |
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KEY RELATIONSHIPS

Internal

- Program Manager Eating Disorders and Neuropsychiatry
- Senior Art Therapist Eating Disorders
- The Art Therapy Team
- Consultant in Charge - Eating Disorders Unit Consultation Liaison RMH
- Team Leader Eating Disorders
- Associate Nurse Unit Manager JC2

External

- CEED
- Eating Disorders Victoria
- NWMH AMHS
- Regional and other State-wide Eating Disorder Services

KEY SELECTION CRITERIA

- Formal Qualifications:
 - Master of Art Therapy
 - Professional Membership with ANZACATA - the peak professional association for Creative Arts Therapies in Australia, New Zealand, and Asia
 - Essential:
 - 5+ years' experience in Art Therapy (or relevant experience at the discretion of the Program Manager)
 - Commitment to live the Melbourne Way - putting people first, leading with kindness and achieving excellence together.
 - Experience in working with consumers with an eating disorder and/or experience in the mental health
 - Excellent interpersonal skills and the ability to communicate effectively with clients, families/carers, colleagues and senior staff, agency workers, and other service providers.
 - Ability to work with clients from a range of cultural backgrounds
 - Provide agender sensitive service
 - Demonstrated commitment to ongoing professional development.
 - Desirable:
 - Aboriginal and Torres Strait Islanders are highly encouraged to apply
 - Demonstrated experience in a Specialist eating disorders service
 - Demonstrated experience and ability in assessment and engagement of client with eating disorders and associated co-morbidities.
 - Adequate level of computer literacy
 - Ability to speak a community language

KEY PERFORMANCE INDICATORS

Your performance will be measured through your successful:

- Demonstration of RMH values
- Achievement of portfolio specific KPI targets
- Participation in and satisfactory feedback through the annual performance review process



AT THE RMH WE:

- Aim to provide a working environment that is safe and without risk to the health, safety and wellbeing of all employees, patients and consumers, and visitors.
- Speak up for patient, consumer, colleague and visitor safety, escalating issues if required.
- Deliver Safe, Timely, Equitable, Person-centred Care (STEP) in line with our clinical governance framework.
- Work in accordance with relevant policies, procedures, standards and legislation including those related to clinical or competency requirements, risk management, discrimination, equal opportunity and health safety and wellbeing.

OUR COMMITMENT:

- **Equity, Inclusion, Belonging and Safety**
 - As a leader in healthcare, we recognise the need to foster a culture of equity, inclusion, and belonging — safe spaces where every individual is empowered to be their authentic self, contributing meaningfully to the collective well-being of our community.
- **First Nations Commitment**
 - We acknowledge and pay our respects to the Traditional Owners of the lands on which we work and stand in solidarity with Aboriginal and Torres Strait Islander peoples. We are committed to creating a culturally safe environment that honours First Nations voices, knowledge, and self-determination through inclusive governance, respectful policies, and a steadfast commitment to anti-racism. The Royal Melbourne aspires to lead by example in addressing the injustices of colonisation and its ongoing impacts.
- **Child Safe Standards**
 - RMH is a child safe organisation. We are dedicated to fostering an environment that respects and upholds the rights of children and young people, in line with the Child Safe Standards. We actively embed these standards in our culture, policies, and practices, ensuring that the safety and wellbeing of children and young people is a central priority.
- **Equal Opportunity and Accessibility**
 - We are proud to be an equal opportunity employer that champions diversity in all its forms. We value the strengths and perspectives that come from people of all backgrounds, identities, abilities, and lived experiences. We encourage applicants from all communities, and we will provide reasonable adjustments to support equitable participation.
- **Thriving Together**
 - Together, we are committed to fostering an environment where everyone feels respected, safe, and empowered to thrive.

ACCEPTANCE

I acknowledge and accept that this position description represents the duties, responsibilities and accountabilities that are expected of me in my employment in the position. I understand that The RMH reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

Employee Signature

Employee Name (please print)

Date