

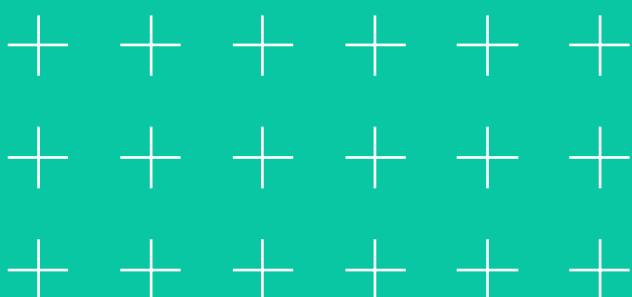


**The Royal
Melbourne
Hospital**

**Advancing
health
for everyone,
every day.**

Could this be you?

**Join the Royal
Melbourne
Hospital team**



Position Description

**Clinical Dietitian Community Mental
Health Grade 3**

Our reputation for caring for all Melburnians is as essential to who we are as any scientific breakthrough we make. We're here when it matters most, and we'll continue to be the first to speak out for our diverse community's wellbeing.

Advancing health for everyone, every day.

1. Be a great place to work and a great place to receive care
2. Grow our Home First approach
3. Realise the potential of the Melbourne Biomedical Precinct
4. Become a digital health service
5. Strive for sustainability

- Take reasonable care for your safety and wellbeing and that of others.
- Work in your scope of practice and seek help where required.
- Work in partnership with consumers, patients and where applicable carers and families.
- Work collaboratively with colleagues across all RMH teams.
- Continue to learn through mandatory training and other learning activities.
- Seek feedback on your work including participation in annual performance discussion.
- Speak up for safety, our values and wellbeing.
- Prioritise wellbeing and ensure safe work practices are developed and adhered to in their area.
- Respect that the RMH is a smoke-free environment.
- Work as part of the Equally Well Physical Health Team at RMH MHS Community Service run by the Physical Health Co-ordinator (Nurse Practitioner).
- Provide leadership for the development and monitoring of nutritional services across RMH MHS community services
- Supervision of AHAs, G1 and G2 Dietitians and leading annual discussion process for self and relevant staff
- Proven ability to plan and manage a caseload and co-ordinate/delegate workloads within their team
- Provide individualised nutrition care plans for consumers with severe mental health issues such as schizophrenia and bipolar affective disorder, in line with evidence-based practice.
- Provision of nutrition education for consumers in the community, including homeless support and Inner Melbourne programs
- Collaborate with range of providers to ensure continuity of dietetic care to consumers, families and carers, during episode of care and if transferred to to another service provider Knowledge of Open Dialogue frame work and capacity to practice in this framework
- Ensure direct reports receive regular feedback and participate in annual discussions.
- Contribute to organisation-wide and service/division initiatives and planning activities.
- Ensure training needs of direct reports are identified and undertaken.
- Ensure risk management activities are completed, effective controls are in place and incidents are recorded, investigated and corrective actions implemented as far as is reasonably practical.
- Create a psychologically safe work environment where everyone feels safe to speak up. Monitor and achieve relevant KPIs and targets and operate within their allocated budget.
- Undertake other responsibilities as directed by the RMH MHS Community Program Manager

Internal

- ## External

- The Victorian Centre of Excellence In Eating Disorders
- Dietitians' Association of Australia
- GP's
- NDIS providers

Clinical Dietitian Community Mental Health | Royal Melbourne Hospital Mental Health Services | August 2026

- A degree in Nutrition and Dietetics accredited for eligibility for full membership of the Dietitians Australia and Accredited Practising Dietitian (APD) status.
- Higher qualification or proceeding towards one with relevance to role.

- Commitment to live the Melbourne Way - putting people first, leading with kindness and achieving excellence together.
- Minimum of 7 years relevant clinical experience, ideally with specialist experience of 3 years in mental health.
- Significant clinical experience in providing dietetic and multi-disciplinary treatment for adults experiencing severe mental illness.
- Experience working collaboratively with other health care team members, particularly in the area of mental health and eating disorders.
- Experience in the provision of education and training for health professionals.
- Experience in providing professional supervision or mentoring of health professionals.
- Comprehensive knowledge of, and evidence of professional development in eating disorders dietetic assessment, and management.
- Comprehensive knowledge of, and evidence of professional development in interventions to improve physical health outcomes for people experiencing severe mental illness.
- Experience in service development, quality improvement and/ or research.
- Knowledge of contemporary mental health concepts, frameworks and policy.
- Effective interpersonal skills with a demonstrated ability to develop and maintain relationships with key stakeholders.
- Well-developed written, verbal and presentation skills.
- Excellent IT skills data management and the development of innovative education tools
- Effective time management and project management skills.
- Enjoyment of, and a proven ability to work as part of a collaborative team.
- Innovative, resourceful and adaptive to change.
- Ability to work with a high level of personal accountability.
- A current Victorian driver's license.
- Mandatory Working with Children's Check and Police Check and Immunisation Assessment

- Further training qualifications relevant to the position: counselling skills; professional supervision provision.
- Project management skills with ability to prioritise and manage time effectively.
- Current professional affiliations with universities, research organisation or external service organisations.

Your performance will be measured through your successful:

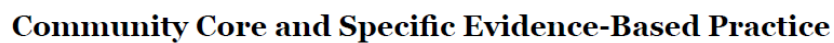
- Demonstration of RMH values
- Achievement of portfolio specific KPI targets, including Activity Based Funding requirements
- Participation in and satisfactory feedback through the annual performance review process
- Ability to maintain a safe working environment and ensure compliance with legislative requirements

- Aim to provide a working environment that is safe and without risk to the health, safety and wellbeing of all employees, patients and consumers, and visitors.
- Speak up for patient, consumer, colleague and visitor safety, escalating issues if required.
- Deliver Safe, Timely, Equitable, Person-centred Care (STEP) in line with our clinical governance framework.
- Work in accordance with relevant policies, procedures, standards and legislation including those related to clinical or competency requirements, risk management, discrimination, equal opportunity and health safety and wellbeing.

- **Equity, Inclusion, Belonging and Safety**
 - As a leader in healthcare, we recognise the need to foster a culture of equity, inclusion, and belonging — safe spaces where every individual is empowered to be their authentic self, contributing meaningfully to the collective well-being of our community.
- **First Nations Commitment**
 - We acknowledge and pay our respects to the Traditional Owners of the lands on which we work and stand in solidarity with Aboriginal and Torres Strait Islander peoples. We are committed to creating a culturally safe environment that honours First Nations voices, knowledge, and self-determination through inclusive governance, respectful policies, and a steadfast commitment to anti-racism. The Royal Melbourne aspires to lead by example in addressing the injustices of colonisation and its ongoing impacts.
- **Child Safe Standards**
 - RMH is a child safe organisation. We are dedicated to fostering an environment that respects and upholds the rights of children and young people, in line with the Child Safe Standards. We actively embed these standards in our culture, policies, and practices, ensuring that the safety and wellbeing of children and young people is a central priority.
- **Equal Opportunity and Accessibility**
 - We are proud to be an equal opportunity employer that champions diversity in all its forms. We value the strengths and perspectives that come from people of all backgrounds, identities, abilities, and lived experiences. We encourage applicants from all communities, and we will provide reasonable adjustments to support equitable participation.
- **Thriving Together**
 - Together, we are committed to fostering an environment where everyone feels respected, safe, and empowered to thrive.

I acknowledge and accept that this position description represents the duties, responsibilities and accountabilities that are expected of me in my employment in the position. I understand that The RMH reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

Date _____

9/9