



**The Royal
Melbourne
Hospital**

**Advancing
health
for everyone,
every day.**

Could this be you?

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Hospital team**



Carer Peer Support

**Carer Peer Support Worker
Neuropsychiatry /Older Adults**

Our reputation for caring for all Melburnians is as essential to who we are as any scientific breakthrough we make. We're here when it matters most, and we'll continue to be the first to speak out for our diverse community's wellbeing.

Advancing health for everyone, every day.

True excellence is only possible when we work as one Royal Melbourne Hospital community. Through collaboration, we set the highest of standards and achieve our goals.

1. Be a great place to work and a great place to receive care
2. Grow our Home First approach
3. Realise the potential of the Melbourne Biomedical Precinct
4. Become a digital health service
5. Strive for sustainability

Position Title:	Carer Peer Support Worker – Neuropsychiatry /Older Persons
Service:	Royal Melbourne Hospital Mental Health Services
Location:	The Royal Melbourne Hospital
Reports To:	Deputy Director
Enterprise Agreement:	Victorian Public Mental Health Services Enterprise Agreement 2020-2024
Classification:	MP35
Employment Status:	Part-Time
Immunisation Risk Category:	Category C
Date of Review:	Click to enter date

The purpose of the Carer Peer Support Worker (CPSW) role is to provide carer peer support to carers and family members of an individual who is currently accessing the Royal Melbourne Hospital Mental Health Services, specifically within the inpatient Neuropsychiatry unit as well as the Older Adults Program.

Carer Lived Experience work is underpinned by a number of principles including respect, accountability, advocacy, collaboration, connection, mutuality, compassion, diversity, flexibility and curiosity.

The objective of the CPS role is to provide carers with a variety of support including emotional support and help to identifying their information and support needs. This can be done through one to one peer support with any carer within the service through face to face, telephone or video call meetings.

Carer Peer Support Worker – Neuropsychiatry /Older Persons | Royal Melbourne Hospital Mental Health Services | [Click to enter date](#)

The Carer Lived Experience team currently includes Director and Deputy Director, Carer Consultants, Carer Le Educator, Carer Group Co-ordinator and Carer Peer Support Workers, each with a personal experience of supporting someone with who has accessed adult public mental health services.

This role will be working in close collaboration with the Carer Lived Experience team as well as staff in Neuropsychiatry and Older Adults program.

As a state-wide, specialist mental health service, we have been offering neuropsychiatric assessment and advice to psychiatric, neurological and other medical and mental health services for over 50 years.

We employ a multidisciplinary approach, with our team having a high level of expertise and knowledge across the disciplines of neuropsychiatry, neuropsychology, neurology, occupational therapy, speech pathology, social work and specialist mental health and general nursing; working in partnership to provide patients and their families with the comprehensive assessment and management advice they deserve.

Today, Neuropsychiatry is recognised as a premier specialist service both nationally and internationally, not only providing outstanding care and treatment, but improving the outcomes for all through a comprehensive research program, and the training of our future workforce.

The RMH - MHS Older Adults program is a multidisciplinary mental health team who partner with consumers and their carers to deliver evidence-based treatment of people living with a mental illness. Consumers live in the City of Moonee Valley and the City of Melbourne. And are 65 years or older. The team is made of a manager, Psychiatrists, Psychiatry Registrars, nurses, social workers and Occupational Therapists and a psychology delivery discipline specific treatment outcomes. Referrals are made by GPs, families/carers, RACFs and people can refer themselves. Once a referral is accepted, a team consisting of a Key Clinician, Registrar and Psychiatrist is allocated who will be responsible for the care of the consumer and partner with the carer during their stay with the Older Adult person.

- ### KEY ACCOUNTABILITIES POSITION SPECIFIC

The role of the CPSW is to utilise the principles of peer support and other underpinning frameworks in order to:

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Internal

- ## External

- Local community supports.
- Carer peak body - Tandem (representing Victorian Mental Health Carers)
- Carers Victoria
- Carer Lived Experience Workforce (CLEW)

Essential:

A CPSW provides direct carer services to carers/family drawing on their own 'lived experience' of caring for someone with a neuropsychiatric diagnosis and /or supporting a person with mental illness who is over 65 years of age

- Have significant personal lived experience as a carer (2 years or more) of someone who has accessed public mental health services. For example, has supported a person with a relevant diagnosis such as Huntington's disease, Parkinson's disease or dementia including younger onset dementia, or supported someone with mental illness who is over 65 years of age.
- Caring for a person with mental illness through periods of crisis.
- Practical knowledge and understanding of issues facing people with a neuropsychiatric diagnosis and their carers, and / or understanding of the experience mental illness and its impacts on ageing.
- Ability and resilience to support carers experiencing high levels of stress
- An ability to use knowledge and skills arising from lived experience of being a carer.
- An empathetic and compassionate approach.
- An ability to work from a strengths-based framework.
- Understanding of issues faced by families and carers who are supporting someone with mental ill health, including culturally diverse communities and chosen families.
- An ability to work independently in an organised manner and have strong commitment to teamwork.
- Effective self-care and stress management skills

Desirable:

- Experience in a carer peer support or other carer lived experience role.
- An understanding of mental health carer lived experience perspectives and peer support principles.

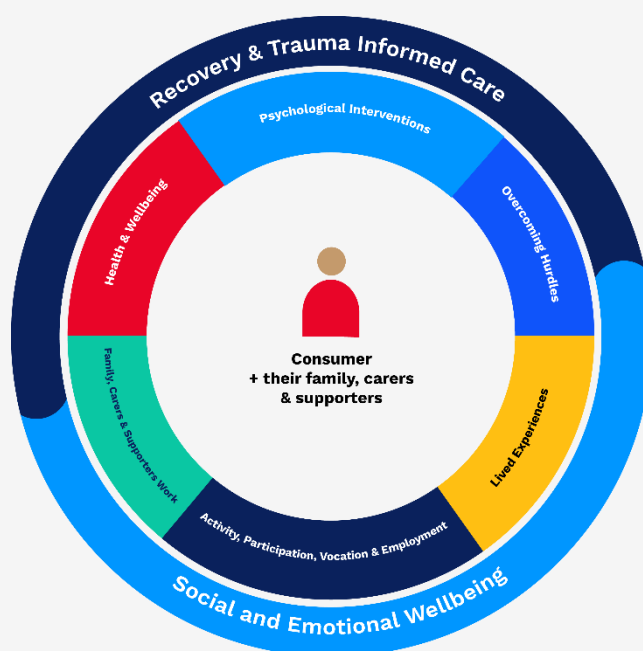
- ## KEY PERFORMANCE INDICATORS

- Demonstration of RMH values
- Achievement of portfolio specific KPI targets
- Participation in and satisfactory feedback through the annual performance review process
- Ability to maintain a safe working environment and ensure compliance with legislative requirements
- Completion of mandatory training activities including training related to the National Standards.

- Aim to provide a working environment that is safe and without risk to the health, safety and wellbeing of all employees, patients and consumers, and visitors.
- Speak up for patient, consumer, colleague and visitor safety, escalating issues if required.
- Deliver Safe, Timely, Effective, Person-centred Care (STEP) in line with our clinical governance framework.
- Are an equal opportunity employer, committed to providing a work environment free of harassment and discrimination. We promote diversity and inclusion in the workplace.
- Work in accordance with relevant policies, procedures, standards and legislation including those related to clinical or competency requirements, risk management, discrimination, equal opportunity and health safety and wellbeing.

I acknowledge and accept that this position description represents the duties, responsibilities and accountabilities that are expected of me in my employment in the position. I understand that the RMH reserves the right to modify position descriptions as required, however I will be consulted when this occurs.

Employee Name (please print)



/ /

Date

