

How to contact your Diabetes Team

- Please call us for advice or support with managing your diabetes
- In case of a diabetes emergency, loss of consciousness or fitting – place the person on their side and CALL '000' IMMEDIATELY, and notify the Diabetes Team if possible

Please call for advice or support if:

- You have been asked to call in with your blood glucose monitoring results
- You feel nauseated, unwell, unable to eat and give your own medication
- You have blood ketones above 0.6mmol/L
- You are having frequent hypos (hypoglycaemia – blood glucose less than 4.0mmol/L)
- You are having frequent blood glucose levels higher than your target levels
- Your blood glucose level is consistently above 15.0mmo/L
- You have a problem with your insulin pump or blood glucose monitoring device
- You are taking a steroid medication and you are not monitoring your blood glucose levels
- You are worried, have questions or have forgotten how to do something

How to contact us

Service open hours:

Monday – Friday, 8.00am – 4.30pm

Closed: weekends and public holidays

Diabetes Education Service (Diabetes Nurse)

Ph: (03) 9342 2600

diabeteseducationservice@mh.org.au

Diabetes Dietitian

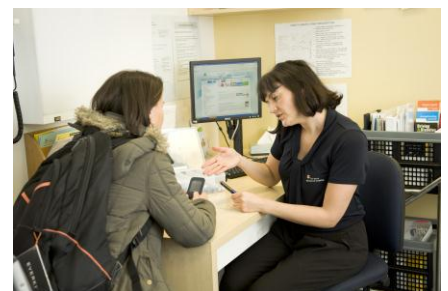
Contact the Allied Health Department on and ask for the
Diabetes Dietitian

Ph: (03) 9342 7400

Diabetes Registrar (Diabetes Doctor)

Contact the Royal Melbourne Hospital Switchboard and
ask for the Endocrinology (Diabetes) Registrar

Ph: (03) 9342 7000



The Royal Melbourne Hospital
Diabetes Team

Podiatry (Foot Health) Department

Ph: (03) 9342 7134

diabetesfoot@mh.org.au

Diabetes Research

Diabetes Clinical Research Unit: (03) 9342 7344

Burnet Clinical Research Unit: (03) 9342 7063

HARP Diabetes Co-management Service

Contact the Melbourne Primary Care Network and ask for the HARP Diabetes Educator

Ph: (03) 9347 1188



After hours

If you have an **urgent** matter that will not wait until tomorrow, please call The Royal Melbourne Hospital switchboard on **(03) 9342 7000** and ask to page the **'on call' Endocrinologist (diabetes doctor)**

Visit our website

www.thermh.org.au/diabetes-endocrinology

Links from our website allow you to access diabetes information

Visit our Facebook page



'Like' us on Facebook (search: *Royal Melbourne Hospital – Diabetes and Endocrinology Service*), to receive regular updates on new products and medications, diabetes friendly recipes, news about diabetes research trials and clinic appointments reminders.

Contact

Diabetes Education Service
The Royal Melbourne Hospital – City Campus
Room 401, Level 4 West
Grattan Street, Parkville Victoria 3050

(03) 9342 2600

diabeteseducationservice@mh.org.au

Practitioner / Patient notes

Department of Diabetes and Endocrinology | DAE05.04B | Diabetes Education Manager | Expiry October 2017



MELBOURNE HEALTH



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