

HARP Chest Pain Program – Information for clients

Summary Points to Remember

- The HARP Chest Pain program helps people who have chest pain and who have gone to the Emergency Department several times because of it
- It aims to help you manage your condition and stay well and at home
- A specialist nurse provides the service
- The nurse may meet you while you are in hospital or phone you after you go home
- If you agree, the nurse will call you at home regularly to see how you are
- The nurse will give you information and advice to help you manage your chest pain
- If you need an interpreter please tell us

What does the Chest Pain Program do?

The nurse will explain the service to you and answer any questions about it. If you agree, the nurse will phone you every four to six weeks to see how you are. These calls will be at a time that suits you.

During these calls the nurse will:

- Assess your health and other needs
- Explain why it is important for you to take your medication
- Explain why it is important for you to see your GP regularly
- Help you make a plan so you know what to do when you get chest pain
- Give you information and tips about how you can improve your health

People who have used this service often tell us they are better able to manage at home, understand their condition better and are less anxious.

The service is part of a larger program called HARP Complex Care. It is provided by The Royal Melbourne Hospital, cohealth, Merri Community Health Services and Bolton Clarke working together.

If during your care you have other medical and support needs, the nurse will tell you about services that could help you. If you agree, she can help to arrange them. We will only refer you to other services if you agree.

We may need to share information about you with other teams and services. The nurse will talk to you about the information we need to share and how it will be used. We will only share your information if you agree.

You can put limits on the information we share and who we share it with.

Who is Eligible?

You are eligible if you

- Have gone to the Emergency Department several times with chest pain. The chest pain may be related to a heart condition or to other causes.
- Want to improve your health
- Have access to a telephone

How to contact the service?

The Chest Pain Nurse might see you while you are in hospital or will phone you at home.

You can phone the Chest Pain Nurse on the number below or you can call HARP Liaison at The Royal Melbourne Hospital on 9342 4530.

Contact

Chest Pain Nurse 9342 4845

Monday, Tuesday, Thursday and Friday

<https://www.thermh.org.au/health-professionals/clinical-services/community-services/harp-complex-care>

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