

# HARP Diabetes Co-Management Service – Information for clients

- The HARP Diabetes Co-Management Service helps you manage your diabetes.
- We can help you understand your diabetes better to keep you well.
- Our team of diabetes nurse educators and dietitians will work with you to help you achieve your goals.
- We offer both face-to-face appointments and support over the phone.
- If you need an interpreter please tell us.

## Some of the things the Diabetes Co-Management Service can help you with:

- How to care for your diabetes
- How you are feeling about your diabetes
- How to get the best care
- Blood sugar testing and control
- Diabetes medication and insulin
- Diet, exercise and healthy lifestyle
- Care of your feet, eyes and teeth
- The importance of seeing your GP regularly
- Working with your General Practitioner (GP), your hospital and other community services involved in your care.

## Other services that can help you.

The service is part of a larger program called HARP Complex Care. It is provided by The Royal Melbourne Hospital, cohealth, Merri Community Health Services and Bolton Clarke working together.

If you have other health or support needs, there are other services that can help you. If you agree, we can arrange services for you. We may need to share information about you with other teams and services. We will talk to you about the information we need to share and how it will be used. We will only share information if you agree.

Please call us if you have any questions.

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## Contact

HARP Diabetes  
Co-Management Service  
Your Diabetes Educator

## Practitioner / Patient notes

Phone 9448 6794

Name:

Is located at:

Work Days:

Phone number:

<https://www.thermh.org.au/health-professionals/clinical-services/community-services/harp-complex-care>

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