

HARP Respiratory Service – Information for clients

Summary Points to Remember

- The HARP Complex Care Respiratory Service helps people manage their chronic lung condition
- We will assess your health and other needs
- We will teach you how to manage your condition to help you stay well
- We offer a special exercise program for people with lung conditions. The exercises will make you stronger
- People who use this service often tell us that they know more about their condition, manage better and do not worry so much

How can this service help you?

The service is based on the best medical science about lung disease. Our team has specialist doctors, nurses and physiotherapists.

We will visit you at home, or ask you to come to Merri Community Health Services in Coburg. We will:

- Talk to you about your lung condition and other needs
- Explain how you can tell if your condition is getting worse and what to do
- Teach you about your condition and how to manage it
- Make a plan for your care with you

If you agree, we will talk to your local doctor about your care.

The physiotherapist can show you exercises for people with breathing problems. You can do these safely at home or in a group at our centre. They will make you stronger and help you with your day to day activities.

If you don't have a specialist doctor, you can see the RMH specialist at our community clinic. The doctor will provide expert advice and treatment.

The service is part of a larger program called HARP Complex Care. It is provided by The Royal Melbourne Hospital, cohealth, Merri Community Health Services and Bolton Clarke working together.

If you have other medical and support needs, we will tell you about services that can help you. If you agree, we can arrange services for you. We will only refer you to services if you agree.

To do this, we may need to share information about you with other services. We will tell you about the information we need to share and how it will be used. We will only share your information if you agree. You can put limits on the information we share and who we share it with.

Who can use this service?

This service is available to people who:

- Have chronic lung disease
- Have had one unplanned admission to hospital in the past year
- Live in the City of Melbourne, Moonee Valley, Moreland or the Broadmeadows area of Hume.
- Would benefit from care coordination

How to contact the service?

The team works from Merri Community Health Services at 93 Bell Street, Coburg.

Our service is available 8:00am to 5:00 pm Monday to Friday.

You can contact them on the numbers below, or phone Reception on 9350 4000 and ask to speak to the HARP Respiratory Team.

Contact

Practitioner / Patient notes

Merri Community Health Services

9350 4000

<https://www.thermh.org.au/health-professionals/clinical-services/community-services/harp-complex-care>

HARP Complex Care | HPRS07.01 | HARP Manager | Expiry October 2018



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