

Coming to Renal Clinic

Points to Remember

- Bring a list of your medications with you
- Write down any questions or problems to discuss

Why should I come to clinic?

The renal team of doctors, nurses, dietitians, social workers and other members are available at clinic to meet your needs and ensure you receive the best possible care.

Additional referrals and appointments can also be made at clinic.

What happens at the clinic?

At the clinic you will undergo routine assessments, which may include having your weight taken, recording of your blood pressure and urine testing.

You will be seen by a doctor who may refer you to be seen by other members of the RMH Kidney Care team.

At the clinic a plan will be made in relation to your next visit, changes to medications or other aspects of your care.

How should I prepare for clinic?

To ensure you get the best care possible:

- Have your blood test taken two to five days before your appointment
- Bring a list of your medications with you
- Write down any questions or problems to discuss

What if I have a private kidney specialist?

Some patients see a private kidney specialist and come to clinic.

If this is the case you may alternate your visits between the two. Please discuss this option with your doctor(s).

If you are planning to have a kidney transplant you should at least have twelve-monthly review appointments at RMH clinic.

What if I can't keep my appointment?

If you cannot make your clinic appointment; phone the renal clinic as soon as possible to arrange a new appointment.

Contact

The Royal Melbourne Hospital – City Campus

Renal Clinic

Phone: (03) 9342 7733

The Royal Melbourne Hospital – Royal Park Campus

Home Dialysis Service

Phone: (03) 8387 2097

The Royal Melbourne Hospital – Essendon Fields

Renal Clinic

Phone: (03) 9377 4221

RMH Kidney Care | KCS06.02.06 | Deputy Director Nephrology | Expiry January 2022



MELBOURNE HEALTH



The information contained in this brochure is for educational purposes only and is not intended as a substituted for consultation with a doctor or health care professional
