

# Chronic Wound Service – Outreach Program

## Summary Points to Remember

- This service provides specialist support to people who reside in a Residential Aged Care Facility (RACF) and have wounds that are not healing as expected.

## What is a Chronic Wound?

A chronic wound is one that you have had for more than 28 days, is recurring or is not healing as expected.

## What is the Chronic Wound Service – Outreach Program?

The Chronic Wound Service – Outreach Program is a visiting service for people with chronic wounds living in a Residential Aged Care Facility (RACF).

We provide:

- education and coaching to RACF staff about wound healing, skin health and wound related nutrition
- referrals to other community health providers if additional support is needed
- specialist wound care

## What will happen at the appointment?

The RACF will be sent an appointment with a specified time. The initial appointment will be a 90 minute comprehensive assessment to determine the likely cause of the wound and to devise a management plan together with the RACF.

Care is taken to ensure that the wound management plan can be achieved and sustained within the RACF.

## What is required at the appointment?

- Patients will only be seen if a RACF staff member can be present
- Basic range of wound dressings needs to be supplied by the RACF on the day of the appointment (see wound dressing recommendations overleaf).

## Who will I see?

Wound practitioners available include:

- Clinical Nurse Consultants (any wound on/above ankle)
- Podiatrist (specialising in the high-risk foot/any wound below the ankle)

## Further review

The Chronic Wound Service-Outreach clinician will continue to review the patient until a management plan is developed. We do not provide an ongoing service. Patients may require referral to private visiting practitioner for long term care.

Patients may be re-referred if there are new concerns with the wound for review of management plan.

## Who is eligible?

Anyone living in a RACF who has a chronic wound in the local city council areas of Melbourne, Moonee Valley, Moreland and Hume.

## How much does it cost?

There is no charge for this service. Intervention materials (dressings, mattresses, compression etc.) need to be sourced by the facility.

## How do I arrange an assessment?

Referrals can be made via the Direct Access Unit (see details at bottom of page). Enquiries and referrals are welcomed from anyone including doctors, health service providers, people with wound healing problems, their family members or carers.

## Australian Wound Management Association (AWMA) RACF dressing recommendations

[http://www.awma.com.au/publications/aged\\_care\\_recommendations-jul13.pdf](http://www.awma.com.au/publications/aged_care_recommendations-jul13.pdf)

Recommended inventory stock items	Retention tapes/products	Skin care	Miscellaneous items
<p>Films e.g. Opsite, Tegaderm</p> <p>Low-adherent absorbent pad e.g. Melolin, Cutilin, Interpose</p> <p>Hydrogels e.g. Intrasite gel, Solugel, Purilon gel, Solosite</p> <p>Hydrocolloids e.g. DuoDerm, Comfeel</p> <p>Alginates e.g. Algisite M, Kaltostat</p> <p>Foams e.g. Allevyn, Biatain, Lyofoam, Mepilex</p> <p>Hydrofibre e.g. Aquacel</p> <p>Impregnated mesh dressing/contact layer e.g. Adaptic, Mepitel, Urgotul</p> <p>Secondary absorbent pad e.g. Combine, Zetuvit plus, Mesorb,</p>	<p>Tubular retention bandage eg Tubifast, Tubular Band</p> <p>Tubular support bandage e.g. Tubigrip, Tubular Form</p> <p>Tubular protection e.g. Tubular Plus</p> <p>Paper tapes e.g. Micropore</p> <p>Polyacrylate tape e.g. Mefix, Hypafix, Fixomull</p>	<p>Barrier cream e.g. zinc &amp; castor oil, Critic Barrier cream, Sudocrem, Calmaseptine</p> <p>Barrier ointment e.g. Ungvita A, Bepanthen</p> <p>Moisturizer e.g. Dermaveen, QV, Nutri Synergy, Hamilton, Cavilon Durable Barrier cream</p> <p>Protective barrier wipes e.g. No Sting Barrier Wipe, ConvaCare barrier wipes,</p> <p>Skin barrier removers e.g. Convacare Adhesive removers</p>	<p>Dressing pack</p> <p>Normal saline</p> <p>Sterile instruments</p> <p>Hand hygiene products e.g. rapid dry alcohol moisturisers</p> <p>Plastic aprons</p> <p>Gloves</p> <p>Wound tracing equipment &amp; pens</p> <p>Camera</p> <p>Wound resource folder with update product information</p>

## Contact

Direct Access Unit  
 RMH Royal Park Campus  
 PO Box 7000  
 Carlton South 3053  
 Ph: 8387 2333  
 Fax: 8387 2217

RMH Royal Park Campus  
 Clinical Centre Reception  
 Ph: 8387 2194

## Practitioner / Patient notes

Sub-acute Ambulatory Care Services (SACS) | iPolicy Number WMS01.01 | SACS Manager | Reviewed June 2014



MELBOURNE HEALTH



The information contained in this brochure is for educational purposes only and is not intended as a substitute for consultation with a doctor or health care professional