

## Who is eligible:

- CHF and the diagnosis confirmed on Echocardiogram
  - Complex medical or psychosocial history and would benefit from intensive input
  - Are at risk of presenting to the emergency department or have had a recent hospital admission
  - Live in the council areas of Moonee Valley, Melbourne, Moreland and those in surrounding areas who receive all their care from RMH
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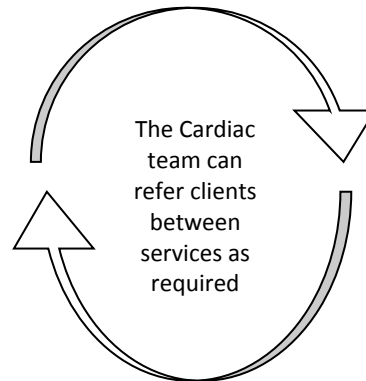
## HARP Chronic Heart Failure Service

This service sees clients one on one either at home or in the community at Merri Health.

The team consists of Cardiac Specialist Nurses, Physiotherapists, Care Coordinators and a Cardiologist.

### Services cover:

- Education and support for clients with a new diagnosis
- Medication support, review
- Cardiology Review
- Co-consultation with other HARP services
- GP liaison, practice nurse support
- Educate clients on symptom recognition, care plan management including: daily weighing, fluid restriction, exacerbation management



### Service delivery options:

- Community Cardiologist Clinic
  - Community CHF phase 2 rehabilitation
  - Home-Based Exercise Program
  - One on one home support, care coordination and complex management
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## Accessing the service

**Wait times:** Clients are contacted within 3 days of referral receipt, first appointment is within 10 working days

**Cost:** Nil

**Referral:** Fax your referral to the **Direct Access Unit** on **(03) 8387 2217**.

Referrals to include: : An Echocardiogram report confirming CHF diagnosis medical history, medications, current management plan and reason for referral. Current inpatient referrals: Call HARP Liaison **(03) 9342 4530** with any queries.

**Website:** <https://www.thermh.org.au/health-professionals/clinical-services/community-services/harp-complex-care>

## Contact

HARP Cardiac Service Team Leader via Reception on **1300 637 744** or **0419 552 655**

[MH-HARPreferrals@mh.org.au](mailto:MH-HARPreferrals@mh.org.au)